

Drug and Alcohol Abuse Prevention Program Disclosure

Hartnell College is committed to creating a safe and healthy learning environment for all members of the campus community. The College disapproves of substance use, intoxication, and unacceptable conduct. The legal drinking age in California is 21 years and on-campus use of alcohol is prohibited by State Law. Consumption of alcohol on district property in any context will not be tolerated. Violations of state laws pertaining to the possession, use, and sale of alcoholic beverages, including underage violators, are enforced on campus. The Salinas Police Department enforces all Federal and State Laws pertaining to violations of drug manufacturing, distribution, dispensation, possession or use.

All members of the campus community are subject to disciplinary action and/or criminal prosecution for the on-campus possession, use, sale or distribution (by either sale or gift) of any quantity of inappropriate prescription drugs, or controlled substances as defined by the State of California Health and Safety Code. Students found to be in violation of this policy may be subject to actions contained within the standards of student conduct. Any district employee who violates these laws is subject to prosecution by civil authorizes and disciplinary action by the District.

It is the policy of the Hartnell College District to maintain a drug-free campus by prohibiting the manufacturing (or manufactured), distribution, dispensing, possession or use of controlled substances as listed in Section 22: The **Drug Free Schools and Communities Act Amendment of 1989** (**Public Law 101-226**), which includes, but is not limited to, substances such as marijuana, heroin, cocaine, amphetamines, and alcohol.

For the purpose of this policy, campus shall mean those places where a student is involved in an authorized college activity. The campus includes, but is not limited to: property owned or leased by the district; any place used by the district for student participation in a field trip; field study; athletic competition; study travel program; and in district or private vehicles being used for official district business.

In implementing this policy, all students shall be made aware of the danger of drug abuse and the college and community resources available for counseling and rehabilitation of those with drug-related problems. All students shall also be informed of the consequences of drug abuse violations. These consequences shall include, but are not limited to: student disciplinary action pursuant to California Education Code and Hartnell District policy.

As a condition of continued enrollment, students shall abide by the terms of the policy. Individuals on campus who are not Hartnell College students are required to comply with this policy. Such individuals who unlawfully manufacture, distribute, dispense, possess or use controlled substances may be barred from Hartnell College campuses. **(BP 5230)**

(Hartnell Community College Board Policies, BP 5230 Drug Free Campus – Students; Reference: Section 22: The Drug Free Schools and Communities Act of 1989)

Hartnell's comprehensive approach to addressing substance abuse emphasizes:

- Taking effective steps to create and maintain a drug-free workplace and educational environment for students, faculty, and staff.
- The illegal or abusive use of alcohol and/or other drugs by students, faculty, or staff adversely affects Hartnell College's commitment to providing an environment of excellence and safety for teaching and learning. As members of the Hartnell College community, we all share in the responsibility for creating and maintaining a healthy and productive environment for work and study alike. With this responsibility comes the obligation to be involved in preventing problems caused by the abuse of alcohol, tobacco, and other drugs.
- Encouraging individuals who are experiencing chemical dependency or other problems associated with alcohol or other drugs to seek assessment, counseling, and/or treatment voluntarily,

with the understanding that this assistance is confidential and will not be used against them.

 Assessing college sanctions for the manufacture, distribution, use, or possession of illegal drugs or the unlawful use or possession of alcohol, which may include prosecution under applicable state and federal laws. Such sanctions may include educational intervention, mandated community service, suspension, expulsion, and termination of employment.

Hartnell College is committed to providing students and employees alike with a drug-free environment for both work and study. All members of the college community are encouraged to be actively involved in the prevention of alcohol and other drug abuse. Prevention, education, and early intervention programs are available, along with counseling and referrals to appropriate mental health and medical services.

Resources for Faculty and Staff

- Faculty and staff services are provided in conjunction with employee health benefits. For further information you may contact the Human Resources Benefits Specialist at 831-755-6166.
- Education, information, assessments, referrals and treatment are provided via the MetLife Employee Assistance Program (EAP) provided through LifeWorks Premier Option
 Up to 5 in person counseling sessions, Work-Life Services, Financial Services, Legal Services, Identity Theft Recovery Services, Telephonic Life Coaching, and additional support.

Resources for Students Hartnell College offers two ways for students to access mental health and behavioral services:

TimelyCare is a 24/7 online service that enrolled students can use after downloading the app. Students can speak directly with counselors who are available to speak with them in their native language. All counselors are licensed providers and are available from smartphone or any web-

enabled device within minutes. Licensed providers are available to offer support via phone or secure video chats. TimelyCare is available from the Hartnell College website or by downloading the TimelyCare app from the App Store or Google Play Store.

Students can seek help from Hartnell's Crisis Counseling & Emotional Wellness Services. This resource is designed to help students cope with any mental health stressors that are affecting their academic, career, or personal goals, substance use and abuse. Therapy services are confidential and free of charge to enrolled Hartnell students. Counseling services offered face-to-face follow on the main campus and through telehealth by appointment only. Services are available by appointment only. Students can email <u>emotionalwellness@hartnell.edu</u> or apply online <u>https://www.hartnell.edu/students/programs/crisis-counselingservices.html</u> to request an appointment.

Policy and procedure questions, response to incidents involving violation of college policy, disciplinary actions.

- Hartnell Security Office: 831-755-6888
- Dial 9-1-1 for immediate response for medical emergencies.
- Hartnell College Discipline, Student Services (831) 755-6825
- Hartnell Crisis Counseling Office: (831) 770-7019
- Dial 9-8-8 for psychological emergencies.

Off Campus Resources

- Alcoholics Anonymous: (831) 424-9874
- Narcotics Anonymous: (831) 758-1630
- Sunrise House: (831) 758-3302
- Monterey County Support & Treatment: <u>co.montery.ca.us/government/departments-a-</u> <u>h/health/behavioral-health/alcohol-drug-services-copy</u>

- SAMHSA National Helpline: 1-800-662-4357
- National Council on Alcohol and Drug Dependency: https://www.ncaddoc.org/

Health Risks Associated with the Abuse of Alcohol and Other Drugs

There are many well-documented risks associated with the abuse of alcohol and other drugs, affecting not only the individual user but also his or her family, friends, and roommates. Alcohol abuse is frequently implicated in cases of rape on campus, for example, and the misuse of drugs is sometimes a factor in workplace violence. Other problems associated with alcohol and other drug abuse include poor academic or job performance; relationship difficulties, including sexual dysfunction; a tendency toward verbal and physical violence; financial stress; injuries or accidents; and violations of the law such as driving under the influence and willfully destroying property.

Description and Definitions of Alcohol and Other Drugs Substance – Related and Addiction Disorder is DSM-5 terminology.

Alcohol

Excessive alcohol consumption causes behavioral changes and can have consequences for physical and mental health. Even small quantities of alcohol can cause impaired judgment and poor coordination for some people. Alcohol abuse is involved in the majority of violent acts on college campuses, including acquaintance rape, vandalism, fights, and drinking and driving episodes. Continued abuse of alcohol can lead to dependency and/or permanent damage to organs such as the liver. A deterioration in lifestyle is also tragically common.

Cannabis (marijuana, hashish)

Marijuana use can impair or distort short-term memory and concentration, alter the user's sense of time, and reduce coordination. A lowered immune system and an increased risk of lung cancer may also ensue. THC, the active chemical in marijuana, is stored in the fat cells of the body. Depending on the amount and duration of time it's used, cannabis

can stay in the body for two days to up to about two months. Addiction to cannabis is generally more psychological than physical in nature.

Cocaine (crack and other stimulants)

The immediate effects of cocaine use include dilated pupils, and increased blood pressure, heart rate, and respiration rate, followed by a "crash" when the drug wears off. Over the longer term, cocaine users often have nasal passages and septum problems. Stimulant use is generally physically addictive.

Hallucinogens (LSD, mescaline, psilocybin, mushrooms)

Hallucinogens can cause illusions and distortions of time and perception. The user may experience episodes of panic, confusion, suspicion, anxiety, and loss of control. Flashbacks can occur even after use has stopped. PCP, or phencyclidine, has been shown to produce violent behaviors that can lead to injuries to the user or bystanders. There is generally little potential for addiction.

Heroin and other opiates

Heroin, synthesized from morphine and other opiates, can cause the body to experience diminished pain. If injected, it can result in blood vessel damage (and possibly the transmission of infections such as hepatitis or HIV, if needles are shared). There is a high rate of addiction among users.

Tobacco (cigarettes, chew, and other products)

Tobacco use has been proven not only to be addictive but to also have serious, well-documented health consequences. While many people, particularly students, look to smoking as a means for reducing stress, it should be understood that the stress of preparing for mid-term exams, for example, is in no way comparable to the stress of facing emphysema or lung cancer.

Counseling and Medical Assistance for Students

Any student concerned about problems resulting from his/her use of alcohol or other drugs is encouraged to seek help from resources listed on page 7.

Hartnell's Policy on Alcohol and Other Drugs

Hartnell College recognizes that the illegal or abusive use of alcohol and other drugs by members of the college community has a detrimental effect on the college's commitment to providing continual excellence in teaching and learning. Misuse of drugs by students poses hazards both to the individual involved and to the community. Students, faculty, and staff alike share the responsibility for creating attitudes conducive to eliminating the abuse of alcohol and other drugs within the college community.

Alcohol

During the college sanctioned events, the college recognizes the legality of alcohol use for those of appropriate age. Simultaneously we maintain concern about the potential for abuse of alcohol and the destructive effects of such abuse within the college community. As a result, the college has established the following expectations concerning alcohol and students:

- During the college sanctioned events, only those students aged 21 years or older may possess or consume alcoholic beverages within the college community, and then in a responsible manner. Students are expected to assume responsibility for their own behavior while drinking, and must understand that being under the influence of alcohol in no way lessens their accountability to the college community
- Students will not provide alcoholic beverages to those under 21 years of age.
- Events sponsored by college-recognized groups (regardless of location) are governed by college policy concerning alcohol and other drugs. Individuals and groups are expected to follow appropriate hosting guidelines.
- The use of college funds to provide alcohol to students is prohibited. Accordingly, student program fees may not be used to purchase alcohol.

Other psychoactive substances

The college's policy is to conform to all applicable laws and to follow the current stance of the medical and mental health professions regarding the use of psychoactive substances, including stimulants, depressants, narcotics, inhalants, and hallucinogens (including marijuana). The college expects all students and student groups to comply with all the current laws of the state of California and the county of Monterey. It is the responsibility of each individual to be aware of, and abide by, all state and local ordinances and college regulations. Current laws provide for severe penalties for violations, which may result in a criminal record. Violations may be prosecuted under applicable local, state, and federal laws as well as through college disciplinary action. Student involvement in the manufacture, use, possession, distribution, or sale of such drugs is a matter of concern to the college and will subject a student so involved to disciplinary action by the college, up to and including suspension or expulsion from the college. College action may be taken whether or not independent action is taken by civil authorities.

Alcohol and event-planning guidelines

When alcohol is to be served at a college function, the department or group hosting the event is responsible for ensuring that it is offered in a safe and legal manner.

- The sponsoring individual or group must adhere to applicable laws (e.g., securing a license to sell and/or serve alcohol) and college regulations. The sponsor will be held responsible for any abuses arising from the use of alcoholic beverages by servers and/or consumers.
- Ample non-alcoholic beverages and food must be provided at events where alcohol is served.
- Any individual or group intending to serve alcoholic beverages must register the event with the appropriate administrative office or department and follow the rules set by that office or department.
- College funds (including student fees, departmental funds, etc.) may not be used to provide alcohol either directly or indirectly at student events.

Smoke-Free Policy

• Willful or persistent smoking, including vaporizing and chewing tobacco is prohibited by law and by regulation of the college.

Violation of college policies: Hartnell's Standards of Student Conduct Policy and Procedures (<u>BP 5500</u> and <u>AP 5500</u>) provide that the following conduct shall constitute good cause for discipline, including but not limited to expulsion:

Unlawful possession, use, sale, offer to sell, or furnishing, or being under the influence of, any controlled substance listed in **California Health and Safety Code Sections 11053** et seq., an alcoholic beverage, or an intoxicant of any kind; or unlawful possession of, or offering, arranging or negotiating the sale of any drug paraphernalia, as defined in **California Health and Safety Code Section 11014.5.**

Action Taken When a Student Has Violated the Alcohol and Other Drugs Policy

As an academic community, Hartnell exercises certain disciplinary and discretionary powers, such as protecting the educational environment by establishing and enforcing standards of conduct that students and student groups are expected to follow. These standards contain sanctions related to the use of alcohol and other drugs. Students are expected to respect these standards, the authority of the college, faculty, and staff, and each other. If a student violates any of the standards of conduct, the college or any individual within the college may file a complaint against the student.

Student organizations are expected to follow the standards of conduct, as is any individual student. If a determination that a violation of the alcohol and other drug policy has occurred, by either an individual or a student group, sanctions will be assessed. Such sanctions may include revocation of recognition as a student organization, denial of use of college facilities, or suspension/expulsion from the college.

Action Taken for Faculty/Staff Member Has Violated the Alcohol and Other Drugs Policy

When problems arise due to alcohol and other drug use, it is the college's goal to provide faculty and staff members, whenever possible, with options for assessment, recommendations, counseling, referrals, and/or treatment. In the event that the faculty or staff member is found to be in violation of the college policy, in addition to federal, state, and municipal legal action and penalties, the individual may be subject to college disciplinary sanctions up to and including dismissal. Thus, self-referral and early detection is critical to the rehabilitation of employees. For details, please refer to Hartnell's personnel policies.

State and Local Laws and Ordinances

The following provisions of state and municipal law serve as the foundation of Hartnell's policy on alcohol. (Note: this is not a complete summary of relevant laws and ordinances.)

- The purchase, possession, or consumption of alcoholic beverages (including beer and wine) by any person under the age of 21 is prohibited.
- The selling, either directly or indirectly, of alcoholic beverages (including beer and wine) except under the authority of the California Alcoholic Beverage Control Board license is prohibited. This includes selling glasses, mixers, ice, etc.
- The serving of alcohol to an intoxicated person is prohibited.
- The serving of alcohol to someone to the point of intoxication is prohibited.
- The manufacture, use, or provision of a false state identification card, driver's license, or certification of birth or baptism is prohibited.
- The act(s) of being drunk and disorderly in public view, including on public sidewalks and walkways, is prohibited.

- The consumption of alcoholic beverages in a public place is prohibited (unless licensed for consumption of alcohol on the premises). This includes a prohibition of alcoholic beverages in public areas of academic facilities and recreation facilities.
- The act of driving a motor vehicle or a bicycle while under the influence of alcohol is prohibited.
- The possession of an alcoholic beverage in an open container in a motor vehicle or on a bicycle is prohibited, regardless of who is driving or whether one is intoxicated.

State and Federal Criminal Sanctions

The following is a brief summary of the state and federal criminal sanctions that may be imposed on someone who violates the alcohol and other drug policy at Hartnell or elsewhere in the state of California.

- The unlawful sale of alcohol in California may lead to imprisonment in the county jail for six months, plus fines and penalties.
- The unlawful use of alcohol by obviously intoxicated persons will vary with the particular circumstances, but may include imprisonment in the county jail and substantial fines and penalties. In addition, minors who are arrested for violations concerning the use of alcohol run the risk of having their driving privileges suspended or revoked until they are 18.
- A violation of California law for the possession, use, and/or sale of narcotics, marijuana, and/or other illicit drugs includes imprisonment in the county jail or state prison for one to nine years, plus fines of up to \$100,000 for each count.
- A violation of federal law for the possession, use, and/or sale of narcotics, marijuana, and/or other illicit drugs may include imprisonment in the federal penitentiary for one to 15 years, plus substantial financial penalties.

• A violation of the law involving an individual being under the influence of a combination of alcohol and other drugs (itself potentially deadly) may result in an increase in criminal sanctions and penalties.

In addition to the sanctions imposed by the college, individuals who have violated Hartnell policies and procedures regarding possession, use, and/or distribution of alcohol and other drugs may be referred by the college to the appropriate authorities for arrest and prosecution.

Reporting Incidents

Any HCCD Student, Staff of Faculty, upon discovering an issue, shall immediately notify others in the area and sound an appropriate alarm if applicable. As soon as safely possible, the situation shall be reported to 911 or HCCD Campus Safety at (831) 755-6888. This number is staffed by A Security Officer 24 hours/day, 7 days/week. If contacted first, the Campus Security Officer will contact the proper departments or outside agencies as needed.

<u>Type of Emergency</u> <u>Contact Phone Number</u>	
Fire or Medical Emergency	Salinas Fire Dept.: 911 or (831) 758-7261
Building Hazard	Facilities Management: (831) 755-6950;
	Other Safety or Health Hazards Campus
	Public Safety (831) 755-6888
Any Student Related Issue	Student Affairs (831) 755-6822

Type of Emergency Contact Phone Number

Campus Emergency Numbers

Campus Safety	(831) 755-6888	
	Ext. 6888 from a campus phone	
Evening/Weekend Coordinator	(831) 755-6721, Room, B-107	
	Ext. 6721 from a campus phone	
Vice President Administrative Services	(831) 755-6914, Room E-107	
	Ext. 6914 from a campus phone	
Vice President, Academic Affairs &	(831) 770-7090; Room, D 102	
Accreditation	Ext. 7090 from a campus phone	
Vice President, Student Affairs	(831) 755-6822 or Room, B-123	
	Ext. 6822 from a campus phone	

City of Salinas Emergency (Fire, Police,	9-1-1
Ambulance)	
City of Salinas Police	831-758-7090
Poison Control Center	1-800-222-1222